

Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
Groepsfitness zaal	Groepsfitness zaal	Groepsfitness zaal	Groepsfitness zaal	Groepsfitness zaal	Groepsfitness zaal	Groepsfitness zaal
09.00 Powerburn 10.00 50+Fit 13.15 ClubPower 18.30 Buik 1/4 18.45 Step 19.45 BodyForm 20.45 Power&Pilates	09.00 Pilates 18.15 Core 18.45 Bodyform 19.45 ClubPower 20.45 KickBoxx	09.00 ClubPower 10.00 Pilates 18.15 Buik 1/4 18.45 BodyForm 19.45 Salvation 20.45 Pilates&Yoga	09.00 Bodyform 10.00 50+Fit 18.30 Buik 1/4 18.45 ClubPower 19.45 Bootcamp	09.00 ClubPower 10.00 RugFit	09.00 Pilates 10.00 Gladiator 30 min.	09.30 Clubpower 10.30 Piloxing Knockout
Reserveer via de app en je wordt op de hoogte gehouden van alle wijzigingen.						
Hot Yoga Studio	Hot Yoga Studio	Hot Yoga Studio	Hot Yoga Studio	Hot Yoga Studio	Hot Yoga Studio	Hot Yoga Studio
19.00 Hot B 35 °C 20.15 Yin Yoga	9.00 YinYoga 20.00 Yin Yoga	19.15 Hot B 35°C	19.15 Vinyasa Yoga 20.30 Yin Yoga	09.00 HathaYoga	10.30 FlowYoga	10.30 YinYoga
PowerCross zaal	PowerCross zaal	PowerCross zaal	PowerCross zaal	PowerCross zaal		
09.00 PowerCross 19.00 PowerCross	09.00 PowerCross 19.00 PowerCross	09.00 PowerCross 19.00 PowerCross	09.00 PowerCross 19.00 PowerCross	09.00 PowerCross 19.00 PowerCross		
Spinning zaal	Spinning zaal	Spinning zaal	Spinning zaal		Spinning zaal	Spinning zaal
10.00 Spinning 19.30 Spinning	19.30 Spinning	19.30 Spinning			08.00 Spinning	
Outdoor	Outdoor	Outdoor	Outdoor			
19.30 Bootcamp		19.30 Bootcamp				
HIGHLINE FITNESS	HIGHLINE HOTYOGA			HIGHLINE BODYTEC		
Einsteinstraat 6, 's Gravenzande www.highlinefitness.nl info@highlinefitness.nl 0174-417092						